

Cedarville University Return-to-Learn Policies and Procedures for Faculty

Return-to-learn management plan specifies:

A. Identification of a point person within athletics who will navigate return-to-learn with the student-athlete.

- Dr. Mark Roberto is the supervising team physician and is specifically trained in concussion evaluation and management.
- Team assigned athletic trainer at Cedarville University.

B. Identification of a multi-disciplinary team that will navigate more complex cases of prolonged return-to-learn.

-This may include, but may not be limited to:

- Dr. Mark Roberto (Team Physician)
- Wes Stephens (Head Athletic Trainer)
- Team-assigned athletic trainers
- Mindy May (Cedarville University Counseling Services)
- Teresa Clark (Faculty Athletic Representative)
- Marcy Van Meter (The Cove/Disability Services)
- Student-Athlete's course instructor(s)
- University administrators
- Coaches of student-athlete

C. No classroom activity for at least 24hrs

-Student-athlete will be excused from academic responsibilities for at least 24 hours following diagnosis of concussion. This may be extended according to return-to-learn guidelines.

D. Individualized initial plan that includes:

Each case is unique and should be handled as appropriate based on prevailing consensus regarding cognitive activity and return of symptoms. This includes:

a. Remaining at home/dorm if student-athlete cannot tolerate light cognitive activity.

- The student athlete will not return to the classroom if he/she cannot tolerate 30 minutes of light cognitive activity
- Consideration should also be given for a high Grades Symptom Scale Score (i.e. score: > 25-30)

b. Referral to The Cove if it seems likely that there may be a need for academic adjustments.

- Referral to The Cove will be done by athletic training staff using a referral form developed specifically for dealing with student-athletes diagnosed with a concussion.

c. Gradual return to classroom/studying as tolerated.

- Once the student-athlete can tolerate 30-45 minutes of cognitive activity without return of symptoms, he/she can return to the classroom in a step-wise manner.
 - 1) First day cleared for academic participation:
 - Return should include no more than 30-45 minutes of cognitive activity at one time, followed by at least 15 minutes of rest.
 - 2) Progression:
 - Levels of progression will be determined by a multi-disciplinary team on a case-by-case basis.
 - 3) Return to full academic participation:
 - Return to full academic participation once Graded Symptom Scale Score < 10 and he/she is able to tolerate mental exertion lasting beyond 90 minutes.

d. Re-evaluation by team physician if concussion symptoms worsen with academic challenges.

- Dr. Mark Roberto is available to see student-athletes at a concussion clinic Wednesdays at 3:00 p.m. or by appointment.

E. Modification of schedule/academic accommodations for up to two weeks, as indicated, with help from the identified point-person.

- Athletic training staff will refer to The Cove, as stated above, and the point-person at The Cove will assume responsibility for academic adjustments over the first two weeks.

F. Re-evaluation by team physician and members of the multi-disciplinary team, as appropriate, for student-athlete with symptoms > two weeks.

- Cedarville's athletic training staff will follow up with student-athlete on a regular basis (often daily), and if symptoms remain for > 2 weeks will refer to physician for re-evaluation.
- An individualized academic accommodation plan (IAAP) should be developed through The Cove if symptoms affecting cognition persist for > 2 weeks.