

SAMPLE ATHLETIC TRAINING

Cedarville, OH 45314 | 555.987.6543 | myname@cedarville.edu

SUMMARY

Junior athletic training student with experience in providing preventative and rehabilitative care to high school and collegiate athletes. Seeking to further develop compassionate care and skills in order to achieve a career as a certified athletic trainer.

Key skills include:

AED/CPR Certification | Emergency Oxygen Administration Certification | Team Collaboration | Excellent Verbal Communication | Strong Critical Thinking Skills | Time Management & Multitasking | Empathy & Patience

EDUCATION

Cedarville University

Bachelor of Arts Athletic Training; GPA: 3.86

Honors: Dean's List (2017–Present); President's Excellence Scholarship (2017–Present)

Cedarville, OH

Anticipated Graduation 05/2021

CLINICAL EXPERIENCE

Cedarville Men's Soccer | *Cedarville University*

Cedarville, OH

08/2020–Present

- Conducted on-field assessments and assessed criteria for return to play
- Performed hip, knee, ankle, and concussion evaluations for division II collegiate athletes
- Communicated and collaborated with general surgeon on return-to-play protocol post surgery
- Provided treatments before all practices and competitions at home and on the road
- Guided athletes in daily functional stretches and warmups prior to activity

Cedarville Men's Basketball | *Cedarville University*

Cedarville, OH

01/2020–05/2020

- Implemented progressive rehabilitative exercise program for an athlete with an ACL Reconstruction under the supervision of the head athletic trainer
- Measured and recorded objective data to monitor progress for return to play
- Developed rehabilitation programs for varying lower and upper body injuries
- Assisted in the medical coverage of all on-campus games

Cedarville Women's Volleyball | *Cedarville University*

Cedarville, OH

08/2019–12/2019

- Evaluated upper body, lower body, and spinal injuries in collegiate athletes
- Integrated therapeutic exercise in conjunction with modalities into rehabilitation regimens
- Applied various modalities daily including electrical stimulation, therapeutic ultrasound, and combination therapy

Excel Sports Medicine | *Mercy Health*

Springfield, OH

01/2019–05/2019

- Collaborated with physical therapists in designing and implementing rehabilitation programs for preteen to geriatric populations in various stages of recovery
- Worked alongside an athletic trainer in developing sport-specific performance enhancing workouts
- Practiced and implemented joint mobilizations for the ankle, shoulder, and hip

Fairborn High School | *Premiere Health*

Fairborn, OH

08/2018–12/2018

- Supervised rehabilitation programs from initial injury to return to play
- Assisted in the management and subsequent treatment of an acute Lisfranc fracture dislocation
- Evaluated and assessed lower extremity injuries

Athletic Training Facility | *Cedarville University*

Cedarville, OH

08/2016–05/2017

- Aided in the preparation of sporting venues for athlete participation
- Provided college athletes with a variety of therapeutic modalities daily

EMPLOYMENT EXPERIENCE

Summer Counselor | *Calvary Temple*

Springfield, IL

05/2019–08/2019

- Supervised 25 children aged 10 months to 13 years
- Monitored safety of infants and toddlers during play and activities
- Led group activities and discussions among the older children

Shift Leader | *Nancy's Pizza*

Springfield, IL

05/2017–08/2017

- Managed 10 employees during high-traffic business hours
- Resolved interpersonal conflicts among team members
- Assessed individual abilities and arranged team members to promote effective workflow

Soccer Referee | *Campus Recreation*

Cedarville, OH

08/2017–11/2017

- Facilitated sportsmanlike conduct during game play amongst players
- Maintained standards of play and ensured rules of play were followed

VOLUNTEER EXPERIENCE

Youth Group Sponsor | *Grace Church*

Dayton, OH

12/2017–Present

- Mentored students aged 13–18 years
- Influenced and encouraged students to be individuals of character and virtue

Vacation Bible School Group Leader | *Grace Church*

Madison, WI

Summers 2013–2017

- Taught students aged 5–10 years
- Facilitated discussion among students

Volunteer | *Concordia Village*

Madison, WI

05/2018–08/2018

- Provided support with geriatric patient transportation, ambulation, and rehabilitation
- Assisted in conduction of differing occupational therapy techniques

MEMBERSHIPS

Athletic Training Student Organization (ATSO) | *Cedarville University*

08/2017–Present

- Fostered relationships with other students in the athletic training program
- Mentored and tutored peers in the field of athletic training

NATA Member | *National Athletic Trainer's Association*

01/2020–Present

- Member Number: 123456
- NPI Number: 9876543210

GLATA Member | *Great Lakes Athletic Trainers' Association*

01/2020–Present

OATA Member | *Ohio Athletic Trainers' Association*

01/2020–Present

CERTIFICATIONS

Administering Emergency Oxygen | *American Red Cross*

Valid 2020–2021

- ID: GYENP14

CPR/AED for Professional Rescuers | *American Red Cross*

Valid 2020–2022

- ID: GYENZ01