

CEDARVILLE UNIVERSITY
Multi-Age Physical Education
Reflective Journaling for:

PE in the Elementary Home Schooling Experience
Methods Field Experience
Special Populations Field Experience
Student Teaching Internship

REFLECTIVE JOURNAL:

Each day a reflective journal is to be kept which, during the internship, addresses concerns, new insights, and personal reflections on your teaching and the teaching profession. These daily reflections are to be written in a manner that expresses your feelings as well as your assessment of how you are doing. This adds a personal reflection to your teaching, to your learning.

Write:

- statements of fact
- statements of observation
- statements describing the day and/or class
- statements of impact on your feelings
- statements of impact on your teaching
- statements about your strengths
- statements about the things you need/want to improve
- statements regarding your personal contributions in the experience
- statements reflecting your understanding of meaning, impressions, insights, values, and interrelationships unfolding for you
- statements identifying the extent to which you have integrated your learning with the courses required for your degree program
- statements identifying the extent to which you have integrated your faith during the experience
- statements as to how reality (things in the field) might be different from theory (things in the classroom)

Since the journals will be collected, read, and responded to by your supervisor, address areas that you feel you need assistance in as well as encouragement. Daily journal entries are to be submitted to your supervisor on a weekly basis.